

ESCAPE THE ROCK

COUNCIL ROCK SOUTH WRESTLING



December 17, 2009

Dear Coaches,

I hope this letter finds you and your teams doing well, as the season begins. This is the fourth and final pre-tournament installment of our event newsletter/update. I would like thank you again for being a part of the 2010 “ESCAPE THE ROCK” Wrestling Tournament. We are very excited as the season has gotten underway and we are looking forward to what we feel will be a high quality event with top-notch competition. A few things of importance are submitting completed seeding forms and notifying us of your arrival plans, along with a coach’s cell phone number for emergency contact.

Seeding Info Deadline - Sunday, January 3rd, 2010

Line-ups and Seeding Information Due to Tournament Director
Seeding Forms, along with the Seeding Criteria and Instructions
will be e-mailed to each Head Coach by early next week

If you have any questions or concerns regarding your team’s participation in our event, please don’t hesitate to contact either of the following:

Ed Evans, Escape the Rock Tournament Director
ETRCRS@aol.com
267-566-3033

Brad Silimperi, Head Coach, Council Rock South
bsilimperi@crsd.org
215-499-3946

All tournament information can also be found on our team website at:
<http://www.crsd.org/5034011314232/site/default.asp>

TOURNAMENT SCHEDULE

Friday, January 8th, 2010

Estimated start times

Scales open for weight checks		12 noon
Weigh in / skin check		1:00 pm
Championship Pigtaails	(8 mats)	3:00 pm
Championship Prelims	(8 mats)	5:00 pm
Quarterfinals	(8 mats)	7:00 pm
Consolation Round 1	(8 mats)	8:00 pm

Saturday, January 9th, 2010

Weigh in / skin check		7:00 am
Consolation Rounds 2	(5 mats)	8:00 am
Consolation Rounds 3	(5 mats)	9:30 am
Semifinals & Consi Round 4	(5 mats)	11:15 am
7 th place bouts & Consi Round 5	(5 mats)	1:15 pm

Dinner Break

5 th Place Bouts	(2 mats)	4:00 pm
Parade of Champions & Finals	(2 mats)	5:00 pm

ADMISSION TICKET INFORMATION

Fans will not be permitted to enter the building before 2:30pm on Friday.

Friday Session

Adults \$6 - Seniors/Students \$4

Saturday Session

Adults \$7 - Seniors/Students \$4

Finals Session

Adults \$8 - Seniors/Students \$4

All Session Pass

Adults \$18 - Seniors/Students \$10

IMPORTANT WEIGH IN NOTE

If any team has a match scheduled for Thursday, January 7, 2010, please notify the Tournament Director via e-mail. I have already been informed by a couple of teams that they are scheduled to compete that night, but of course, things can always change. If any team does compete on Thursday, our Friday weigh in will be +1 pound and Saturday weigh in will be +2 pounds. I will advise all coaches via e-mail by Monday, January 4, 2010 with final information on weigh ins.

EACH TEAM MUST PROVIDE YOUR OWN WEIGH-IN SHEET

SNOW CONTINGENCY

We do have a contingency plan in the event that we have a significant snowfall or weather related issue just prior to the tournament. We are prepared to make the tournament a one-day event, if necessary. If that happens, the first two rounds of wrestling would be single elimination and modified consolation rounds thereafter. Awards would not change. In order for us to be able to contact each team quickly, we need the cell phone number of a coach who is accompanying the team to Council Rock South High School. Please forward this information to the tournament director via e-mail. If I don't get a phone number, you won't be contacted.

SINGLE DAY CONTINGENCY **TOURNAMENT SCHEDULE**

Saturday January 9th, 2010

Weigh In / Skin Check		7:00 am
Championship Pigtaails	(8 mats)	8:00 am
Championship Prelims	(8 mats)	10:00 am
Quarterfinals	(8 mats)	12 noon
Semifinals & Consolations	(5 mats)	1:00 pm

Dinner Break

5 th and 7 th Place Bouts	(5 mats)	4:30 pm
3 rd Place Bouts	(5 mats)	5:30 pm
PARADE OF CHAMPIONS & FINALS		6:30 pm

CROHN'S DISEASE AWARENESS

In conjunction with the tournament this year, we will be trying to help raise awareness and funds for Crohn's disease research. We will be taking donations throughout the event in the gym lobby and selling Escape the Rock/Crohn's t-shirts, with all proceeds going toward Crohn's disease research..Go to this website to see how you can help.

http://online.cdfa.org/site/TR?team_id=46550&fr_id=1821&pg=team



TEAM ARRIVALS

We will need to know approximately when each team plans to arrive at Council Rock South. Again, we need the cell phone number of a coach who is accompanying the team to the school. Please forward this information to the Tournament Director. Upon arriving at the school, teams should park in the rear of the building (the right side as you face the school from Rock Way). Enter through Door 3B, which is near the far end (not the main gym entrance), where you will be greeted and directed by a booster club representative. Locker rooms will be available. Individual locks will be permitted, as the locker rooms will remain open through out the event, but there are only a limited amount of lockers.

WORKOUTS AND WEIGHT CHECKS

We will have mat space available for workouts on Thursday evening and the scales available for weight checks on Friday morning. ANY TEAM THAT WISHES TO PARTICIPATE IN A WORKOUT OR WEIGHT CHECK MUST NOTIFY THE TOURNAMENT DIRECTOR BY WEDNESDAY.

CONCESSIONS

We will have full concessions available throughout the tournament. A 'Dining Package' is also included with this newsletter for teams and fans to utilize. Copies of the dining package will be included in our tournament program, as well.

VIDEO TAPING

We have two balconies that overlook the gym and will be available for videotaping.

ONLINE COVERAGE

We will be posting updated brackets after each round is concluded. Fans who can't attend can keep up with the results by going to our website at: <http://www.crsd.org/5034011314232/site/default.asp>

2011 ESCAPE THE ROCK

We are extremely excited to make two major announcements regarding the 2011 Escape the Rock Tournament. First, we will be changing our event dates to January 14 & 15, 2011. This change in dates should allow us to bring in some more high quality teams from around the region. It will also allow us to implement a more significant change, which is expanding the tournament to 32 teams. It will still be a full double elimination event, with additional rounds and an earlier start time on Friday. The application process will remain the same, with the top 15 teams from this year's event receiving automatic invites to return. Information on the 2011 event will go out to teams in mid January.

DIRECTIONS TO **COUNCIL ROCK SOUTH HIGH SCHOOL**

**2002 Rock Way
Holland, PA 18966**

From Philadelphia/Delaware

Take I-95 north to the Newtown/Yardley Exit #49. Make left at top of ramp onto Rt. 332 (Newtown By-pass). Follow Rt. 332 to the 9th traffic light (about 4 miles). Remain on Rt. 332 west by turning left onto Newtown/Richboro Rd. At the 2nd traffic light (about 1.5 miles), make a left on Rock Way to school on right. **TEAMS** should then make first right and continue to far end of school. **FANS** should proceed to the second entrance on right to upper parking lot in front of school. If upper lot is full, continue through and down to lower lot.

From Western & Central Pennsylvania - PA Turnpike

Take PA Turnpike east to the Philadelphia Exit #351. Stay left after tollbooth onto US Rt. 1 north toward Trenton. Follow US Rt. 1 north to signs for Rt. 413 north (about 3.5 miles). Exit to the right, following signs to Rt. 413 north. Take Rt. 413 north for about 3.5 miles. Turn left at traffic light onto the Newtown By-pass (Rt. 413 north/Rt. 332 west). Follow the by-pass to the 2nd traffic light and turn left onto Newtown/Richboro Rd. (Rt. 332 west). At the 2nd traffic light (about 1.5 miles), make a left on Rock Way to school on right. **TEAMS** should then make first right and continue to far end of school. **FANS** should proceed to the second entrance on right to upper parking lot in front of school. If upper lot is full, continue through and down to lower lot.

From Northern Pennsylvania – PA Turnpike Northeast Extension

Follow the PA Turnpike south to the Quakertown exit. After the tollbooth, turn left on Rt. 663 toward Quakertown. Rt. 663 will become Rt. 313 when it crosses over Rt. 309. Follow Rt. 313 to Rt. 611 (about 14 miles). Take Rt. 611 south to Almshouse Rd. (traffic light, about 5 miles). Turn left onto Almshouse Rd.. After 7.5 miles, it will become Newtown/Richboro Rd. (when it crosses Rt. 232). Continue on Newtown/Richboro Rd. for 2 miles to Rock Way (traffic light). Make a right on Rock Way to school on right. **TEAMS** should then make first right and continue to far end of school. **FANS** should proceed to the second entrance on right to upper parking lot in front of school. If upper lot is full, continue through and down to lower lot.

From Northern & Central New Jersey

Take US Rt. 1 south to I-95 south. Follow I-95 south across the Scudder Falls Bridge into Pennsylvania. Continue into PA for 2.5 miles to the Newtown/Yardley Exit #49. Stay right at top of ramp onto Rt. 332 west (Newtown By-pass). Follow Rt. 332 to the 8th traffic light (about 4 miles). Remain on Rt. 332 west by turning left onto Newtown/Richboro Rd. At the 2nd traffic light (about 1.5 miles), make a left on Rock Way to school on right. **TEAMS** should then make first right and continue to far end of school. **FANS** should proceed to the second entrance on right to upper parking lot in front of school. If upper lot is full, continue through and down to lower lot.

From Southern New Jersey

Take any bridge into Philadelphia and follow directions from Philadelphia/Delaware above.

OR

Take I-295 north past Trenton. After the US Rt. 1 exit, it becomes I-95 south. Continue on I-95 south across the Scudder Falls Bridge into Pennsylvania. Continue into PA for 2.5 miles to the Newtown/Yardley Exit #49. Stay right at the top of the ramp onto Rt. 332 west (Newtown By-pass). Follow Rt. 332 to the 8th traffic light (about 4 miles). Remain on Rt. 332 west by turning left onto Newtown/Richboro Rd. At the 2nd traffic light (about 1.5 miles), make a left on Rock Way to school on right. **TEAMS** should then make first right and continue to far end of school. **FANS** should proceed to the second entrance on right to upper parking lot in front of school. If upper lot is full, continue through and down to lower lot.

DIRECTIONS FROM HOTELS TO **COUNCIL ROCK SOUTH HIGH SCHOOL**

Hampton Inn Newtown, 1000 Stony Hill Rd. Yardley, PA, 215-860-1700

Go right on Stony Hill Rd to the traffic light. Go left onto Rt. 332 (Newtown by-pass) west to the 7th light. Go left onto Newtown-Richboro Rd. (still Rt. 332 west) to the 2nd light. Go left onto Rock Way.

Holiday Inn Select Bucks County, 4700 Street Rd. Trevose, PA, 215-364-2000

Take Street Rd. west (left) about 1.5 miles to Bustleton Pike (Rt. 532). Go right onto Bustleton (Rt. 532). Bear right at next light. Go left at next light onto Buck Rd. (Rt. 532). Take Buck Rd. to the 2nd light. Stay left at light onto Holland Rd. Follow Holland Rd. to the 2nd light. Go right onto Middle Holland Rd. to the 1st light. Go left onto Rock Way.